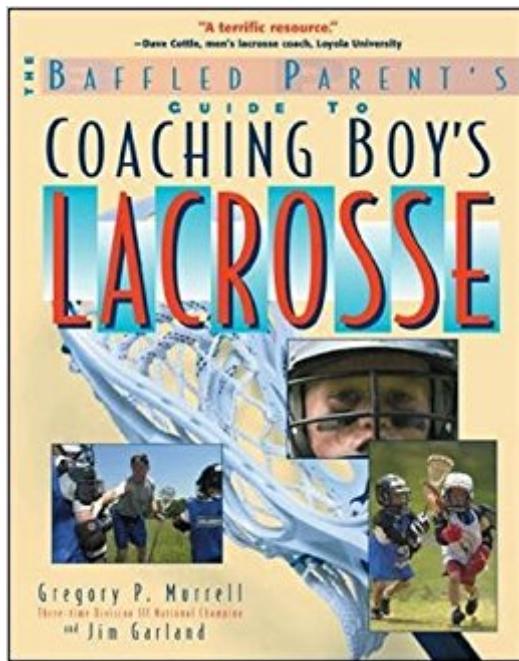


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Coaching Boys' Lacrosse: A Baffled Parent's Guide



Synopsis

A novice's guide to coaching one of the nation's fastest-growing youth sports. Unlike other lacrosse titles, this latest addition to the acclaimed *Baffled Parent's Guide* series arms newcomers with a total road map for mastering all aspects of coaching a 6- to 12-year-old boy's lacrosse team. From skill fundamentals to managing a game, it covers all the bases in a clear, step-by-step format. At the heart of *Coaching Boys' Lacrosse* is a set of original drills designed to keep kids engaged and motivated while teaching them the subtleties of the game. This book has been endorsed by University of Maryland's renowned lacrosse coach, Dave Cottle, whose teams have been ranked in the top 10 nationally for 11 consecutive years.

Book Information

Series: *Baffled Parent's Guides*

Paperback: 160 pages

Publisher: International Marine/Ragged Mountain Press; 1 edition (March 20, 2002)

Language: English

ISBN-10: 0071385126

ISBN-13: 978-0071385121

Product Dimensions: 7.4 x 0.3 x 9.3 inches

Shipping Weight: 13.3 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 5 customer reviews

Best Sellers Rank: #579,759 in Books (See Top 100 in Books) #19 in Books > Sports & Outdoors > Other Team Sports > Lacrosse #73 in Books > Sports & Outdoors > Coaching > Children's Sports #359 in Books > Parenting & Relationships > Parenting > Parenting Boys

Customer Reviews

"A masterful, in-depth job."--Bill Tierney, head men's lacrosse coach, Princeton University "The A to Z coaching manual for all youth levels of lacrosse. It covers areas like parental involvement that have never been covered before. . . . I recommend it to the entire lacrosse community."--Dave Cottle, head men's lacrosse coach, University of Maryland Coach. You just volunteered to coach your son's lacrosse team, and you don't know a cross check from a body check or the crease from the centerline. Don't despair--*Coaching Boys' Lacrosse* is here to help. From your first team meeting to equipment needs to dealing with officials, *Coaching Boys' Lacrosse* will get you started--and keep you going. You'll learn the basics of lacrosse, plus how to teach the fundamental skills of passing and catching, scooping, dodging, and shooting through the "games approach," which enhances

team communication and decision-making skills. Drills for offensive and defensive strategies are also included, and you'll even learn to develop your own coaching style--one that works best for you and your players. Before you know it, you'll be coaching players who are moving, motivated, and most of all, having fun. Survive your first practice and game Promote good habits, concentration, and teamwork Find answers to common problems in the Q & A sections Match drills to age and ability Get tips on creating a positive attitude, building team spirit, and getting along with parents Make practices fun and rewarding "A must-read for the many new players, parents, and coaches."--John Grubb, head lacrosse coach, North Harford High School "Provides all youth coaches and players with a plan for success."--Gary Ritz, Bel Air (Maryland) Recreation Council "A reference designed to help all levels of coaches and players be successful."--Duncan Booth, Cockeysville (Maryland) Recreation Council

Greg Murrell played lacrosse for Salisbury University. As a high school lacrosse coach, he has guided his teams to five county championships and a state championship. He is also the current director of Motion Concepts Sports Camps.Jim Garland has been an elementary physical education teacher for over thirty years. He founded the Motion Masters and Motion Concepts Sports Camps and has coached youth and high school sports. He is the author of two other books in the Baffled Parent's series, Great Basketball Drills and Great Baseball Drills.

Some good information for learning to coach.

I am relatively new to the sport of lacrosse. My son is getting involved and I had volunteered to coach his team of beginners (first and second graders). This book was a great resource to the general rules of the game and techniques. I found the illustrations helpful and the practice games great.

This book is great for the beginner coach. It offers simple and effective advice on getting the kids started in beginners' level Lacrosse.

When my son was in 2nd grade, I was pressed into duty as a lacrosse coach. Growing up in Texas, I never played the sport and being in Texas, coaches with experience playing lacrosse are in short supply. I bought this book and a couple of others. Over the years, I have bought every lacrosse book I could get my hands on. I own several DVD's and went and became certified as a coach

through US Lacrosse. Quite frankly, this is the best lacrosse book for the money. This book is about the fundamentals and the basics of coaching the fundamentals. This is an A-Z of coaching. How to teach the basics, how to run a practice, how to deal with parents, how to prepare for and conduct yourself at a game. Is it for the advanced coach or coaching the advanced player? No, but the title should have told you that. That being said, I think long-time coaches coaching youth players should read this book to remind themselves of how to deal with little kids and their parents. I still refer to this book now and again to look at the drills or the way some techniques are explained.

my family need it , it is very fast delivery. very patient and helpful. Nice and valuable. I just love this product I just use it for basic cutting I bought it because I read the reviews and its just what they I just have to go buy a sleeve for it

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